

Positive Parenting Seminar

The 5 Biggest Challenges your pre-teen & teens are facing right now and how to support them before it's too late!



The Challenge

The adolescent years are a transformative phase filled with complexities, and as parents, it's natural to feel uncertain about how to best support our children during this time. The pervasive influence of technology can expose our kids to peer pressure, bullying, and mental health struggles. However, we can embrace this opportunity to gain a deeper understanding of their challenges and provide them with invaluable support and practical tools to help them build confidence and resilience while fostering meaningful connections with them.

Topics Covered

- ▶ What Parents need to know about the 5 biggest challenges teens are facing
- ▶ 5 simple and actionable steps to build a meaningful relationship, restore trust and joy with your children
- ▶ 3 practical ways to empower your child to become Bully-Proof at school, online and in social gatherings.



About The Presenter

From a troubled teenager with 4 suspensions in High School to winning the African Australian Community award, Eric is a Motivational Speaker, Author, Youth Mentor & Wellbeing Consultant with 14 years of experience. He is a proud husband and father to two incredible boys and one amazing little girl!

A John Maxwell certified coach and trainer. Eric's mission is to reach and empower youth and their parents to equip them for their best possible future!

Testimonials

"Our parent's night with Eric was a big success, I received great feedback and appreciation from the parents and they are keen on coming to next terms parent workshop."

Steve, VCC, Bendigo

"This parenting resource is an essential event that provides refreshing and wise insight, practical take away techniques and hope for parents, a must for Mums and Dads in these challenging times" *Mick Reeves*

Let's seize the moment and this precious window of opportunity we have to positively impact our children!

Contact

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Check out all our brochures, 30 Day resilience journal, make a booking and more!

