

# KEYNOTE & WORKSHOP OVERVIEW

### **Keynote Presentation:**

Eric's 50 minute Keynote and follow-on workshops lay the foundation for the culture of inclusion, respect and belonging and specifically addresses anti-bullying amongst other key topics.

# Below is an overview of the highlights of his Keynote:

- Eric's story of resilience; from teen gang member to African
  Australian of the Year Recipient. How he overcame mental health
  challenges and low self-esteem to achieve his goals and how
  students can too!
- The Power of Words and how it can be used to counter Bullying and Foster Kindness
- Failure is never ever a person, only an event. How to Cultivate Resilience to shape your legacy in the world.

### **Outcomes:**

Through this keynote session, students will be uplifted by Eric's transformative journey, instilling a belief in limitless possibilities and inspire hope for a bright future.

## "I BELONG" Workshop Overview:

Most schools that Eric partners with are grappling with the issue of racial slurs, hurtful teasing and even physical violence among students. To address these challenges, Eric facilitates a second session called "I Belong". This interactive and engaging workshop delves into the power of words and the context of racial slurs. Its aim is to challenge students and encourage them to cultivate a culture of respect, empathy and unity. By exploring the impact of hurtful language and promoting understanding, the workshop aims to create an inclusive and supportive environment for all students.

The Keynote sets the tone and sparks inspiration, the workshop amplifies the impact through student participation leading to a transformation on an individual and collective cohort level. Please note; each workshop is capped at max 80 students to allow for full participation and representation from each group in the collaborative discussions and experiential learning.

### **Contact Details:**