

A REFLECTION DAY TAILORED FOR YOUR STUDENTS

Reflection Days provide an opportunity for students to step away from their daily routine, reset their focus and experience a renewed sense of faith and purpose.

Our Reflection Day programs are designed to support your school's vision, helping students grow spiritually while fostering a strong sense of community.

What to Expect:

- ✓ Faith & Purpose – Helping students connect their faith to their daily lives.
- ✓ Personal Growth – Teaching resilience, confidence and overcoming life's challenges.
- ✓ Community Building – Strengthening relationships with peers and mentors.
- ✓ Engaging Activities – Reflection exercises, storytelling and interactive group discussions.



"Eric's Reflection Day left our students deeply inspired. His ability to connect, challenge and encourage them was truly powerful."

**BOOK THIS PROGRAM FOR
YOUR SCHOOL TODAY!**

- Chat with Eric
Complimentary consultation.
Scan this code:
- E-mail Address
hello@ericagyeman.com
- Our Website
www.ericagyeman.com



A Reflection Day To Inspire, Empower & Transform

WITH ERIC AGYEMAN

*Guiding Students on a Meaningful
Faith Journey!*





We believe every student's faith journey is unique and valuable.

Our **Reflection Day program** is designed to help students deepen their connection with God, reflect on their purpose and strengthen their resilience in today's world.

Led by award-winning speaker [Eric Agyeman](#), this program provides a meaningful, engaging and faith-driven experience that aligns with your school values!

FACILITATOR EXPERTISE

Eric Agyeman is a passionate speaker, author and mentor. Why schools trust Eric:

- ✓ 15+ years of experience speaking in schools Australia wide.
- ✓ Award-winning speaker – **African Australian of the Year**, recognised for his impact on young people.
- ✓ Authentic & Relatable Approach – Connecting with students in a way that resonates deeply.
- ✓ Proven Track Record – Helping students develop faith, confidence and resilience.



“Growing up, I faced challenges that shook my confidence and made me question my purpose. Through my faith, I found strength, resilience and the determination to overcome obstacles. Today, I share that journey with young people, helping them realise that no matter what they face, faith can guide them to a brighter future.”

THE IMPACT ON YOUR STUDENTS

Through our Reflection Day, students will walk away with a renewed sense of faith and confidence. This experience will empower them to navigate life's challenges with a faith-driven perspective and strengthen their commitment to their values.

Key Outcomes for Students:

- ✓ **A Stronger Connection with God** – Encouraging students to deepen their relationship with Christ.
- ✓ **A Renewed Sense of Purpose** – Helping them discover their identity and calling.
- ✓ **Emotional & Spiritual Resilience** – Equipping them with faith-based strategies to overcome challenges.
- ✓ **A Supportive Community** – Building stronger friendships through shared faith experiences.

